

Harrock Hill Race (3/4), Bispham, Parbold, Lancashire

26th July 2023

Results courtesy of Newburgh Nomads
(This is a sortable table - click column heading).

Filter (choose one only!)

Name: **Cat:** **Club:**

Pos	Name	Cat	Club	Time
1	James Kevan	MS	Horwich RMI	32.04
2	Jon-Jo Doherty	MS	Liverpool Harriers	32.16
3	Nick Leigh	M45	Horwich RMI	33.49
4	Oliver Sutcliffe	MU23	Liverpool Pembroke	34.14
5	Luke Foley	MS	Horwich RMI	34.32
6	Jake Dickinson	MU23	Liverpool Pembroke	35.18
7	Jonathan Kearsley	MU23	Wigan Harriers	35.25
8	Tom Newberry	MS	Billinge RC	35.38
9	Ben Hobson	MS	Chorlton Runners	36.28
10	Sam Carr	MS	Billinge RC	36.29
11	Joseph Livesey	MS	Liverpool Running Bugs	37.57
12	Frank Pilkington	MS	Unattached	38.02
13	Richard Smith	MS	Leigh Harriers	38.07
14	John Heyes	M50	Wigan Harriers	38.13
15	Scott Parry	MS	Billinge RC	38.18
16	Chris Birkett	M40	St Helens Sutton	38.29
17	Thomas Crabtree	MS	Wesham	38.37
18	Chloe Leather	WU23	Liverpool Pembroke	38.42
19	Andrew Foster	M50	Liverpool Pembroke	38.51
20	Kevin Walker	M45	Skelmersdale RC	39.53
21	Adam McLennon	MS	Wigan Harriers	40.18
22	Paul Richardson	M40	Unattached	40.36
23	Luke Willis	MS	Skelmersdale RC	40.40
24	Michael Kayil	MS	Skelmersdale BH	41.03
25	Adrian Bramham	M55	Unattached	41.13
26	Lewis Litherland	MS	Victoria Park	41.18
27	Tony Harvey	M60	Unattached	41.20
28	Joe Evans	MS	Billinge RC	41.25
29	Dylan Grindley	MS	Chorley Athletics	41.27
30	Paul Blakemore	MS	Wigan Phoenix	41.28
31	David Lawton	M40	Liverpool RC	41.40
32	Adrian Rogers	M45	Liverpool Pembroke	41.41
33	Norman Hayhurst	M60	Bowland	41.45
34	Craig Sarson	MU23	Chorley Athletics	41.46
35	Claire Andrew	W40	Warrington AC	41.47
36	Michael Mason	M40	Unattached	41.49
37	Ian Hewitt	M45	Liverpool Running Bugs	41.58
38	Paul Fitzsimmons	M55	Wigan Harriers	42.28
39	Kate Sutcliffe	WU23	Liverpool Pembroke	42.34
40	Chris Muga	MS	Unattached	42.36
41	Dave Tonge	M60	Unattached	42.47
42	Tim Webster	M45	Chorley Athletics	42.48
43	Richard Bardon	M50	Endurance Store	42.50
44	Warren Moorfield	M50	Wigan Phoenix	42.52
45	Luke Hart	MS	Liverpool Running Bugs	43.02
46	Emma Dean	WS	Liverpool Running Bugs	43.04
47	Andrew Baxter	M45	Unattached	43.21
48	James Marsh	M40	Billinge RC	43.27
49	Karl Tuzio	M55	Wigan Phoenix	43.29
50	Amber Pilkington	WU23	Chorley Athletics	43.47
51	Sara Miller	WS	Billinge RC	43.48
52	Michael O'Rourke	MS	Penny Lane Striders	43.52
53	Jamie Whitfield	MS	Billinge RC	43.53
54	Chris Burton	MS	Wigan Harriers	43.58
55	Dean Wilson	M45	Kirkby Milers	44.19
56	John Dickinson	M55	Liverpool Pembroke	44.24
57	Michael Brussels	MU23	St Helens AC	44.26
58	Stephen Burthem	M60	Warrington AC	44.34
59	Anya Townsend	WS	Chorley Athletics	44.39
60	Paul Wareing	M60	Chorley Athletics	44.40
61	Stephen Morran	M65	Calder Valley	44.44
62	Christopher Hall	M50	Chorley Athletics	44.51
63	Dino Vernazza	MS	Wigan Harriers	44.57
64	John Tullis	M40	Unattached	45.07
65	Lenka Lidsmore	W40	Penny Lane Striders	45.10
66	Chris Pedder	M65	Liverpool Pembroke	45.14
67	Rachael Fairclough	WS	St Helens Striders	45.24
68	Karl Craige	M50	Liverpool Running Bugs	45.27
69	Taylor Massey	WU23	St Helens Sutton	45.35
70	Paul Myers	M50	Billinge RC	45.39
71	Mark Hudson	M60	Liverpool Pembroke	45.41
72	Rebecca Fitzsimmons	WS	Chorlton Runners	45.42
73	Martin Quinn	M50	Chorley Athletics	45.48
74	Phil Hamilton	M55	Wigan Harriers	45.49
75	Adrian Pilkington	M50	Chorley Athletics	46.08
76	Jayne Barlow	W50	Wigan Harriers	46.11
77	Craig Warwick	M45	Skelmersdale RC	46.15
78	Bridget Glaister	W50	Billinge RC	46.19
79	John Sprackland	M60	Southport Waterloo	46.34
80	John Parry	M40	Unattached	46.42
81	James Rowland	M40	Billinge RC	46.45
82	Ben Pendleton	MS	Unattached	46.46
83	Steve Monaghan	M60	Achille Ratti	46.52
84	Chris Cottam	MS	Lytham	46.56
85	Dean Covill	MS	Burden RR	47.22
86	David Hemmings	M55	Southport Waterloo	47.28
87	Adrian Hope	M50	Winter Hill Runners	47.35
88	Colin Dobbs	M45	Penny Lane Striders	47.39
89	Steve Dipple	M50	Penny Lane Striders	47.43
90	Martin Carr	M55	Unattached	48.24
91	Peter Carney	M40	Skelmersdale RC	48.31
92	Terry Lynch	M50	Penny Lane Striders	48.38
93	Stuart Grice	MS	Wesham	48.40
94	Albert Sunter	M60	Winter Hill Runners	48.50
95	Derek Irwin	M60	Unattached	48.57
96	Mark Blundell	M60	EPOTS	49.13
97	Steve Myerscough	M45	Wesham	49.19
98	Gary Peet	M55	Wigan Harriers	49.20
99	Amy Upton	WS	St Helens Sutton	49.22
100	Karen Moorfield	W40	Wigan Phoenix	49.30
101	Sonya Monaghan	W50	St Helens Sutton	49.42
102	Peter Maguire	MS	Unattached	49.46
103	Neil Roberts	M55	Liverpool Pembroke	49.53
104	Richard Coutts	M40	Unattached	50.04
105	Lizzie Samways	WS	Unattached	50.10
106	John Naylor	M40	Wesham	50.12
107	Brian Lappin	MS	Liverpool Running Bugs	50.26
108	James McGlynn	M70	Wigan Harriers	50.27
109	Sarah Sherratt	W50	Bowland	50.33
110	Jamie Dowdall	M45	Darwen Dashers	50.40
111	Alan McTavish	M45	Unattached	50.50
112	Siobhan Massey	WS	St Helens Sutton	50.53
113	Lisa Crosby	W50	Penny Lane Striders	50.57
114	Owen Hinds	MU23	Liverpool Running Bugs	51.22
115	Joe Harris	MU23	Unattached	51.32
116	Richard Harris	M60	Newburgh Nomads	51.35
117	Victoria Davison	W45	Unattached	51.38
118	Andrew Trimmell	M45	Liverpool Running Bugs	51.51
119	Joseph Bavis	MS	Unattached	51.57
120	Adrian Pridgeon	M40	Liverpool Running Bugs	52.02
121	Steve Owen	M40	Billinge RC	52.06
122	Steven Johnson	M45	Billinge RC	52.07
123	Brian Bartlett	M55	Skelmersdale RC	52.20
124	Ian Hogg	MS	Wesham	52.22
125	David Barnes	M65	Horwich RMI	52.25
126	Jon Phillips	M45	Unattached	52.29
127	Kate MacFarlane	WS	Carnethy	52.33
128	Tony Foster	M60	Billinge RC	52.34
129	Kieron Carr	M50	Liverpool Running Bugs	52.55
130	Tony Holmes	M60	Liverpool RC	52.59
131	Damien Carten	M45	Unattached	53.04
132	Richard Millward	M65	Billinge RC	53.16
133	Francesca Harvey	WS	Unattached	53.17
134	George Pierce	M50	Liverpool RC	53.19
135	Ryan King	MS	Skelmersdale RC	53.31
136	Jane Bowles	W55	Chorley Athletics	53.42
137	Graham Concannon	M60	Skelmersdale RC	53.53
138	Phelim White	MS	Unattached	54.03
139	Carmel Sullivan	W55	Wesham	54.09
140	Lee Williams	M40	Skelmersdale RC	54.11
141	Paul Roberts	M40	Knowsley Harriers	54.19
142	Kate Cassidy	WS	Billinge RC	54.32
143	Peter Fishwick	MS	Unattached	54.40
144	Tim Raynor	M60	Liverpool Running Bugs	54.42
145	Simon Clarke	M55	Southport Waterloo	54.47
146	Chris Boydell	M45	Liverpool Running Bugs	54.51
147	Bryony Littler	WS	Billinge RC	54.59
148	Keith Farrer	M60	Unattached	55.06
149	Samantha Coogan	WS	Unattached	55.08
150	Callum Coogan	MS	Unattached	55.09
151	Brian Vater	M55	Unattached	55.19
152	Lisa Johnston	W40	Chorley Athletics	55.24
153	Chris Hudson	MS	Skelmersdale RC	55.27
154	Ruth Hewitt	W45	Liverpool Running Bugs	55.28
155	David Prout	MS	Unattached	55.51
156	Michelle Stephens	W55	St Helens Striders	55.56
157	Paul Tinsley	M50	Unattached	55.57
158	Mike Massey	MS	Unattached	56.01
159	Lewis McAfee	M40	Lytham	57.04
160	Xavia Cooper	W45	Calder Valley	57.15
161	Rowan Power	MS	Unattached	57.36
162	Andrew Matthewson	MS	Billinge RC	57.58
163	Michael Brown	M60	Preston Harriers	58.08
164	Bernice Blundell	W60	EPOTS	58.17
165	Anne Martin	W45	Southport Strollers	58.19
166	Mark Butler	M60	Burden RR	58.21
167	Andrea Gregory	W50	SELOC	58.26
168	Bruce Martin	M50	Liverpool Running Bugs	59.26
169	Alisha Power	WS	Unattached	59.44
170	Greg Oulton	M55	Lytham	59.59
171	Keith Hobson	M65	Billinge RC	60.12
172	Amaris Millward	W40	Billinge RC	60.14
173	Michele Sunter	W60	Winter Hill Runners	60.17
174	Andrew Warburton	M60	Burden RR	60.18
175	Becky Howell	W55	Parbold Pink Panthers	60.21
176	Paul Bateman	M45	Unattached	60.22
177	Janet Walker	W45	Skelmersdale RC	60.25
178	Ryan Azzopardi	M40	Wesham	60.26
179	Sharon Galvin	W50	Liverpool RC	60.29
180	Ian Turner	M60	Unattached	60.35
181	Tony Green	M65	Penny Lane Striders	60.49
182	Louise Vose	W50	Unattached	60.56
183	Claire Skea	WS	Liverpool Running Bugs	60.57
184	Cheryl Pale	W40	Penny Lane Striders	60.58
185	James Danson	M55	Wesham	61.03
186	Philip Clayton	M65	EPOTS	61.15
187	Finlay McCalmán	M55	Wesham	61.44
188	Kirsty Holland	WS	Wesham	64.40
189	Amena Madden	W50	Liverpool RC	64.41
190	Eleanor Barlow	WS	Liverpool RC	64.59
191	Sharon Roberts	W50	Liverpool Pembroke	65.08
192	Lees Johnson	M50	Unattached	65.09
193	Kay Nelson	W40	Liverpool RC	65.21
194	Robert Higham	MU23	Liverpool Running Bugs	65.32
195	Julie Crockett	W50	Penny Lane Striders	65.36
196	Melissa Anglesea	WS	Winter Hill Runners	65.46
197	Dennis Yarwood	M55	Spectrum Striders	65.53
198	Stephen Ruffley	M60	Leigh Harriers	66.23
199	Denise Taylor	W60	Billinge RC	67.22
200	Nick Taylor	MS	Billinge RC	67.24
201	Emily Yarwood	WS	Spectrum Striders	67.32
202	Jocelyn Chadderton	W50	Burden RR	69.32
203	Samantha Sale	W45	Burden RR	69.33
204	Roy Rawlinson	M50	Liverpool Running Bugs	69.37
205	Jane Hogan	W55	Unattached	69.41
206	Catherine Jackson	WS	Liverpool Running Bugs	69.43
207	Elaine Farrer	W50	Unattached	69.53
208	Kerry Trimmell	W45	Liverpool Running Bugs	69.56
209	Lyn Rawlinson	W50	Liverpool Running Bugs	70.01
210	Sue Stewart	W70	Southport Waterloo	70.16
211	Phil Thorp	M60	Liverpool Running Bugs	70.19
212	Sarah Coppelov	WS	Unattached	70.20
213	Belinda Green	W55	Lions	70.26
214	Carole Lyon	W60	Skelmersdale BH	70.31
215	Alison Mercer	W60	Red Rose	70.54
216	Pete McDermott	M70	Preston Harriers	72.01
217	Sarah Rowan	W45	Skelmersdale BH	72.15
218	Monika Aldelime	W45	Southport Strollers	72.45
219	Susan Pilkington	W55	Lions	73.57
220	John Wiseman	M55	Red Rose	74.47
221	Hamda Sandison	WS	Skelmersdale BH	76.34
222	Jennifer Turner	W45	Unattached	77.18
223	Tracey Carr	W55	Liverpool Running Bugs	rtd