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## Fell Race - All

7 miles 400m

Pos	No.	Name	Club	Category	Time	Behind	1 Path Junction	2 Farleton Knott	3 Road Crossing	Finish
1st	509	Andy Norman	Altrincham & District Athletic Club Limited	M40	00:50:42		00:21:39 2nd 00:21:39 2nd	00:07:12 1st 00:28:51 2nd	00:08:36 1st 00:37:27 2nd	00:13:15 1st 00:50:42 1st
2nd	453	Ellis Bland	Bowland Fell Runners	M5EN	00:50:44	+00:00:02	00:21:37 1st 00:21:37 1st	00:07:13 2nd 00:28:50 1st	00:08:36 1st 00:37:28 1st	00:13:18 2nd 00:50:44 2nd
3rd	332	Mak Liveman	Cumberland Fell Runners	M40	00:51:41	+00:00:59	00:22:18 3rd 00:22:18 3rd	00:09:18 3rd 00:29:18 3rd	00:08:06 3rd 00:38:06 3rd	00:15:41 3rd 00:51:41 3rd
4th	405	Jose Liconha	Helm Hill Runners	M5EN	00:53:45	+00:03:03	00:22:18 4th 00:22:18 4th	00:08:19 4th 00:30:37 4th	00:08:54 4th 00:39:31 4th	00:15:40 4th 00:53:45 4th
5th	379	Adam Osborne	Calder Valley Fell Runners	M40	00:54:16	+00:03:34	00:22:32 5th 00:22:32 5th	00:08:15 4th 00:30:51 4th	00:09:09 7th 00:40:00 7th	00:14:20 7th 00:54:16 7th
6th	476	Phil Mather	Lonsdale Fell Runners	M5EN	00:55:25	+00:04:43	00:23:20 9th 00:23:20 9th	00:09:07 9th 00:32:27 9th	00:09:07 6th 00:41:34 8th	00:13:51 4th 00:55:25 6th
7th	383	Daniel Clarke	Bowland Fell Runners	M5EN	00:55:38	+00:04:56	00:23:05 6th 00:23:05 6th	00:08:41 10th 00:31:48 6th	00:09:24 11th 00:42:12 9th	00:14:26 8th 00:55:38 8th
8th	464	Josie Addison	Helm Hill Runners	M5EN	00:56:13	+00:05:31	00:23:42 14th 00:23:42 14th	00:08:26 6th 00:32:13 7th	00:09:22 13th 00:41:35 9th	00:14:38 11th 00:56:13 8th
9th	501	John Hannah	Helm Hill Runners	M5EN	00:56:21	+00:05:39	00:23:42 11th 00:23:42 11th	00:08:31 7th 00:32:13 7th	00:09:35 19th 00:41:48 10th	00:14:33 10th 00:56:21 9th
10th	421	Rory Addison	Helm Hill Runners	M5EN	00:56:24	+00:05:42	00:23:42 11th 00:23:42 11th	00:08:31 7th 00:32:13 7th	00:09:35 19th 00:41:48 10th	00:14:33 10th 00:56:24 10th
11th	387	Victoria Knowles	Bingley Harriers & AC	W40	00:56:51	+00:06:09	00:24:16 21st 00:24:16 21st	00:08:37 8th 00:32:53 14th	00:09:19 10th 00:42:12 10th	00:14:39 12th 00:56:51 11th
12th	485	Jacob Crossdale	M5EN	00:56:56	+00:06:14		00:23:18 8th 00:23:18 8th	00:08:13 19th 00:31:41 10th	00:09:01 5th 00:41:32 7th	00:15:24 21st 00:56:56 12th
13th	336	Scott Rose	Helm Hill Runners	M40	00:56:59	+00:06:17	00:23:44 12th 00:23:44 12th	00:09:03 14th 00:32:47 12th	00:09:23 12th 00:42:10 12th	00:14:49 14th 00:56:59 13th
14th	498	Adam Cresswell	Cumberland Fell Runners	M5EN	00:57:00	+00:06:18	00:23:25 10th 00:23:25 10th	00:09:41 31st 00:33:06 18th	00:09:11 8th 00:42:15 15th	00:15:49 13th 00:57:00 14th
15th	423	Doug Love	Bowland Fell Runners	M40	00:57:33	+00:06:51	00:23:46 15th 00:23:46 15th	00:09:03 14th 00:32:49 13th	00:09:26 14th 00:42:15 14th	00:15:18 18th 00:57:33 15th
16th	428	Rowan Wood	Lonsdale Fell Runners	M40	00:57:48	+00:07:06	00:24:25 29th 00:24:25 29th	00:09:28 25th 00:33:53 24th	00:09:26 14th 00:42:15 14th	00:14:29 9th 00:57:48 16th
17th	488	Sandy Lockett	Bowland Fell Runners	M5EN	00:57:52	+00:07:10	00:23:16 7th 00:23:16 7th	00:09:44 23rd 00:33:00 16th	00:09:44 22nd 00:42:44 17th	00:15:08 16th 00:57:52 17th
18th	432	Andrew Wallace	Kendal Amateur Athletic Club	M40	00:57:55	+00:07:13	00:23:44 12th 00:23:44 12th	00:09:02 13th 00:32:46 11th	00:09:46 24th 00:42:32 16th	00:15:23 20th 00:57:55 18th
19th	454	Penny Addison	W5EN	00:58:05	+00:07:23		00:24:12 18th 00:24:12 18th	00:09:33 17th 00:33:03 17th	00:09:46 24th 00:42:45 19th	00:15:55 19th 00:58:05 19th
20th	357	Michael Rudd	Northern Fells Running Club	M40	00:58:10	+00:07:28	00:24:14 19th 00:24:14 19th	00:09:00 12th 00:33:14 19th	00:09:30 17th 00:42:44 17th	00:15:26 22nd 00:58:10 20th
21st	449	Paul Reilly	Helm Hill Runners	M40	00:58:27	+00:07:45	00:24:27 26th 00:24:27 26th	00:09:03 13th 00:33:20 20th	00:09:48 25th 00:44:30 21st	00:15:09 17th 00:58:27 21st
22nd	327	Robin Lawrence	Bingley Harriers & AC	M50	00:58:49	+00:08:07	00:24:10 16th 00:24:10 16th	00:09:22 14th 00:33:32 23rd	00:09:28 16th 00:43:00 20th	00:15:49 24th 00:58:49 22nd
23rd	460	Craig Roberts	Kendal Amateur Athletic Club	M50	00:58:53	+00:08:11	00:25:10 34th 00:25:10 34th	00:09:14 20th 00:34:24 30th	00:09:40 20th 00:44:30 27th	00:14:49 14th 00:58:53 23rd
24th	408	Craig Burrow	Helm Hill Runners	M40	00:58:56	+00:08:14	00:25:16 31st 00:25:16 31st	00:09:05 17th 00:34:01 26th		00:58:56 24th
25th	325	Richard Wells	Sedburgh School Running Club	M50	00:59:18	+00:08:36	00:24:51 30th 00:24:51 30th	00:09:30 26th 00:34:21 29th	00:09:30 26th 00:43:51 26th	00:15:27 23rd 00:59:18 25th
26th	443	Syan Bolland	Northern Fells Running Club	M50	00:59:27	+00:08:45	00:24:10 16th 00:24:10 16th	00:09:07 17th 00:33:27 20th	00:09:51 21st 00:43:21 23rd	00:15:02 19th 00:59:27 26th
27th	439	Brian Dooley	Victoria Park Harriers and Tower Harriets AC	M5EN	00:59:54	+00:09:12	00:24:21 24th 00:24:21 24th	00:09:37 29th 00:33:58 25th	00:09:51 21st 00:43:21 23rd	00:16:05 26th 00:59:54 27th
28th	467	Ben Wilson	Bowland Fell Runners	M5EN	00:59:57	+00:09:15	00:24:13 20th 00:24:13 20th	00:08:15 21st 00:33:30 21st	00:10:39 31st 00:43:21 23rd	00:16:26 35th 00:59:57 28th
29th	422	Thomas Harkin	Liverpool Pembroke & Sefton Harriers	M50	01:00:13	+00:09:31	00:25:03 32nd 00:25:03 32nd	00:09:23 24th 00:34:26 31st	00:09:58 28th 00:44:28 29th	00:15:49 24th 01:00:13 29th
30th	330	Michael Pilling	Pudsey & Bramley AC	M40	01:00:48	+00:10:06	00:24:47 29th 00:24:47 29th	00:09:31 27th 00:34:18 28th	00:10:05 32nd 00:44:28 29th	00:16:25 34th 01:00:48 30th
31st	403	Graham Dugdale	Helm Hill Runners	M5EN	01:01:22	+00:10:40	00:24:32 27th 00:24:32 27th	00:09:39 30th 00:34:11 27th	00:10:40 30th 00:44:51 30th	00:16:31 37th 01:01:22 31st
32nd	500	Ross Coles	Cumberland Fell Runners	M5EN	01:01:31	+00:10:49	00:24:45 28th 00:24:45 28th	00:10:16 47th 00:35:01 32nd	00:10:10 35th 00:45:11 31st	00:16:20 32nd 01:01:31 32nd
33rd	367	Joe Rundle	Keighley & Craven AC	M5EN	01:01:36	+00:10:54	00:25:29 36th 00:25:29 36th	00:10:34 35th 00:35:34 35th	00:04:51 39th 00:45:19 32nd	00:16:36 33rd 01:01:36 33rd
34th	427	Howard Seal	Cumberland Fell Runners	M50	01:01:45	+00:11:03	00:25:19 35th 00:25:19 35th	00:09:47 34th 00:35:06 33rd	00:10:24 42nd 00:45:20 33rd	00:16:15 30th 01:01:45 34th
35th	466	David Wallard	Bowland Fell Runners	M50	01:02:08	+00:11:26	00:26:17 49th 00:26:17 49th	00:09:01 35th 00:36:06 41st	00:10:07 33rd 00:46:13 36th	00:16:13 29th 01:02:08 36th
36th	482	Ed Ballard	M5EN	01:02:26	+00:11:44		00:26:17 49th 00:26:17 49th	00:09:01 35th 00:36:06 41st	00:10:07 33rd 00:46:13 36th	00:16:13 29th 01:02:26 36th
37th	329	Darren Fishwick	Chorley Athletic and Triathlon Club	M50	01:02:42	+00:12:00	00:26:04 45th 00:26:04 45th	00:10:04 40th 00:38:08 43rd	00:10:07 33rd 00:47:12 37th	00:16:27 36th 01:02:42 37th
38th	391	Martin Tedcastle	Helm Hill Runners	M50	01:03:00	+00:12:18	00:26:10 48th 00:26:10 48th	00:10:11 44th 00:36:21 48th	00:10:19 38th 00:46:40 38th	00:16:20 32nd 01:03:00 38th
39th	472	Ryan Campbell	Lonsdale Fell Runners	M5EN	01:03:20	+00:12:38	00:25:58 41st 00:25:58 41st	00:10:08 42nd 00:36:08 41st	00:10:23 41st 00:46:29 40th	00:16:51 41st 01:03:20 39th
40th	404	John Dugdale	Helm Hill Runners	M50	01:03:22	+00:12:40	00:26:42 52nd 00:26:42 52nd	00:10:25 28th 00:36:17 45th	00:10:25 44th 00:46:42 44th	00:16:40 40th 01:03:22 40th
41st	390	David Griffin	Helm Hill Runners	M60	01:03:25	+00:12:43	00:25:51 39th 00:25:51 39th	00:10:13 46th 00:36:04 39th	00:10:18 36th 00:46:22 39th	00:17:03 42nd 01:03:25 41st
42nd	328	Rachel Pilling	Pudsey & Bramley AC	W40	01:03:31	+00:12:49	00:26:07 46th 00:26:07 46th	00:10:02 37th 00:36:46 52nd	00:10:42 38th 00:46:20 38th	00:16:32 35th 01:03:31 42nd
43rd	489	Adam Jackson	Northern Fells Running Club	M50	01:03:43	+00:13:01	00:25:46 38th 00:25:46 38th	00:10:31 58th 00:36:17 45th	00:10:22 40th 00:46:39 42nd	00:17:04 43rd 01:03:43 43rd
44th	419	Chris Pyle	Lancaster & Morecambe AC	M40	01:03:47	+00:13:05	00:26:46 53rd 00:26:46 53rd	00:09:58 37th 00:38:44 51st	00:10:28 45th 00:47:12 37th	00:16:35 38th 01:03:47 44th
45th	382	Tony Bolton	Northern Fells Running Club	M60	01:03:50	+00:13:08	00:26:56 54th 00:26:56 54th	00:09:58 37th 00:36:54 54th	00:10:19 38th 00:47:13 47th	00:16:37 39th 01:03:50 45th
46th	362	James Simon	Bowland Fell Runners	M5EN	01:03:58	+00:13:16	00:26:56 54th 00:26:56 54th	00:10:09 43rd 00:36:55 49th	00:10:31 47th 00:46:28 48th	00:17:22 49th 01:03:58 46th
47th	388	Mark Chippendale	Bowland Fell Runners	M50	01:04:16	+00:13:34	00:25:59 42nd 00:25:59 42nd	00:10:11 44th 00:36:10 44th	00:09:59 29th 00:46:09 35th	00:18:07 66th 01:04:16 47th
48th	445	John Bagge	Helm Hill Runners	M60	01:04:23	+00:13:41	00:26:59 55th 00:26:59 55th	00:09:42 32nd 00:36:41 50th	00:10:34 48th 00:47:15 49th	00:17:08 45th 01:04:23 48th
49th	385	John Evason	Black Combe Runners	M40	01:04:30	+00:13:48	00:26:59 55th 00:26:59 55th	00:09:42 32nd 00:36:41 50th	00:10:34 48th 00:47:15 49th	00:17:08 45th 01:04:30 49th
50th	441	Joshua Jardine	M5EN	01:05:01	+00:14:19		00:24:18 22nd 00:24:18 22nd	00:11:07 87th 00:35:25 34th	00:11:21 81st 00:46:46 46th	00:18:15 69th 01:05:01 50th
51st	481	Ross Butler	Keswick AC	M40	01:05:13	+00:14:31	00:26:21 50th 00:26:21 50th	00:10:22 56th 00:36:46 53rd	00:10:34 48th 00:47:12 37th	00:17:51 58th 01:05:13 51st
52nd	323	Al Hanna	Hogwilt Harriers	M5EN	01:05:29	+00:14:47	00:25:08 33rd 00:25:08 33rd	00:10:45 60th 00:35:53 36th	00:11:17 73rd 00:47:10 48th	00:18:19 71st 01:05:29 52nd
53rd	407	John Griffiths	Preston Harriers	M50	01:05:47	+00:15:05	00:26:38 51st 00:26:38 51st	00:10:26 55th 00:37:04 51st	00:10:44 52nd 00:47:12 37th	00:17:59 63rd 01:05:47 53rd
54th	373	Neil Holding	Horwich R M I Harriers	M60	01:06:06	+00:15:24	00:27:45 60th 00:27:45 60th	00:10:22 50th 00:38:07 58th	00:10:53 57th 00:49:00 57th	00:18:06 44th 01:06:06 54th
55th	381	Niall McDonald	M5EN	01:06:13	+00:15:31		00:26:02 44th 00:26:02 44th	00:10:17 48th 00:38:07 58th	00:11:03 62nd 00:47:02 51st	00:18:51 87th 01:06:13 55th
56th	491	James Crook	Clayton-le-Moors Harriers	M50	01:06:17	+00:15:35	00:27:24 58th 00:27:24 58th	00:10:41 64th 00:36:05 57th	00:10:51 56th 00:48:56 55th	00:19:17 84th 01:06:17 56th
57th	480	Paul Nelson	Hogwilt Harriers	M50	01:06:49	+00:16:07	00:27:47 61st 00:27:47 61st	00:10:37 61st 00:38:24 60th	00:10:49 55th 00:49:13 59th	00:17:36 54th 01:06:49 57th
58th	334	Jock Umpleby	K							