

20 Barriers race results

2022 Results

Position	Time	Number	Forename	Surname	Club	Category
1	00:31:39	4	Alasdair	Russell	Kendal AC	Msen
2	00:33:24	35	Jack	Sharples	N/A	Msen
3	00:33:36	3	Darren	Kay	Calder Valley	M50
4	00:34:08	38	John	Egner	Kendal AC	MU21
5	00:34:19	15	Joe	Todd	Kendal AC	M45
6	00:34:49	32	Richard	Wilson	Kendal AC	M40
7	00:34:54	1	Christopher	Tully	Salford Harriers	M40
8	00:34:57	22	Daniel	Clarke	Bowland FR	Msen
9	00:35:01	37	Phil	Mather	Lonsdale FR	Msen
10	00:35:14	120	Phil	Withnall	Lonsdale FR	Msen
11	00:36:13	2	Alan	Steeple	Chorlton Runners	M45
12	00:36:21	33	Matt	Wilson	Kendal AC	M45
13	00:36:24	69	Thomas	Nicholson	Lancaster and Morecambe AC	Msen
14	00:36:26	86	Liam	Mills	Bowland FR	Msen
15	00:36:30	63	Thomas	Crabtree	Wesham Road Runners	Msen
16	00:36:31	110	Joe	Moore	N/A	Msen
17	00:36:35	90	Richard	Wells	Sedbergh School Running Club	M50
18	00:36:39	60	Alek	Walker	Wesham Road Runners	Msen
19	00:36:41	30	Andrew	Wallace	Kendal AC	M40
20	00:37:08	105	James	Simon	Bowland FR	Msen
21	00:37:12	109	Samuel	Ferguson	Bowland FR	Msen
22	00:37:26	67	William	Sisson	Kendal AC	Msen
23	00:37:33	98	Emily	Japp	Blackpool Wyre Fylde AC	Wsen
24	00:38:09	45	Jack	Akister	N/A	Msen
25	00:38:15	61	Bethany	Shepherd	N/A	Wsen
26	00:38:30	94	Aaron	Sharples	N/A	Msen
27	00:38:36	62	Christopher	Hastwell	N/A	Msen
28	00:39:56	79	Thomas	Mondain Mo	Lonsdale FR	Msen
29	00:39:59	68	Kenneth	Murphy	Lonsdale FR	M55
30	00:40:08	72	Paul	Nelson	Howgill Harriers	M55
31	00:40:24	107	Paul	Tynan	Lonsdale FR	M60
32	00:40:37	121	Rose Alicia	Pearson	Lonsdale FR	Wsen
33	00:40:42	80	James Vincer	Bacon	Lonsdale FR	M55
34	00:40:44	8	Steve	Myerscough	Wesham Road Runners	M45
35	00:40:45	11	David	Griffin	Helm Hill Runners	M60
36	00:40:51	111	David	Sargent	Lancaster Runners	Msen
37	00:41:18	118	Sean	Robinson	Howgill Harriers	M40
38	00:41:20	87	Paul	Gillon	Lancaster and Morecambe AC	M55
39	00:41:27	128	Carl	Graeme Groc	Wesham Road Runners	M50
40	00:41:32	99	Andrew	Simm	N/A	Msen
41	00:42:01	48	Matt	Bourne	Bowland FR	M50
42	00:42:15	65	Mark	Hinchcliffe	N/A	Msen
43	00:42:29	16	Colin	Jennings	Garstang RC	M50
44	00:42:38	133	Peter	Lawson	Howgill Harriers	Msen
45	00:43:11	132	Edward	Evans	Bentham Beagles	Msen
46	00:43:22	52	Tony	Little	Bowland FR	M45

47	00:43:27	75 Adrian	Beckwith	Howgill Harriers	M40
48	00:43:33	27 Richard	Timms	Settle Harriers	M50
49	00:43:42	17 Amy	Law	Garstang RC	Wsen
50	00:43:53	117 John	Osborne	Settle Harriers	M55
51	00:44:01	58 David	Nichols	Dallam	M40
52	00:44:04	83 Jules	Coleman	Lonsdale FR	M55
53	00:44:08	119 Peter	Lloyd	Lancaster and Morecambe AC	M40
54	00:44:38	36 Corrin	Stock	Lancaster and Morecambe AC	Wsen
55	00:45:34	77 Neil	Holdeworth	Kendal AC	M65
56	00:45:54	40 David	Littler	Bowland FR	M55
57	00:45:59	10 Joanne	Taylor-Friell	Kendal AC	W50
58	00:46:07	123 Andy	O'Brien	Dallam	M55
59	00:46:12	70 Michael	Childs	Lonsdale FR	M40
60	00:46:19	108 Warren	Cadman	Lancaster and Morecambe AC	M45
61	00:46:27	19 Claire	Godfrey	Garstang RC	Wsen
62	00:46:31	42 John	Collier	Wesham Road Runners	M65
63	00:46:31	26 John	Garnett	Settle Harriers	M55
64	00:46:37	104 Allan	Miller	N/A	M60
65	00:46:57	23 David	Butler	N/A	M55
66	00:47:14	125 Phil	Horner	Garstang RC	M45
67	00:47:23	20 Ian Nichols	Hogg	Wesham Road Runners	Msen
68	00:47:37	102 Charles	Vereker	N/A	Msen
69	00:48:07	66 Nick	Burns	Lonsdale FR	M55
70	00:48:16	29 Hazel	Clark	Kendal AC	W40
71	00:48:21	14 Steve	Melling	Rosendale Harriers	M65
72	00:48:31	13 Caidan	Whittaker	N/A	MU23
73	00:48:33	131 Chris	Price	Kendal AC	M55
74	00:48:36	47 Adrian	Leigh	Bentham Beagles	M65
75	00:48:41	56 Kelly	Richardson	COLT	W45
76	00:49:18	93 Geoff	Lyons	Garstang RC	M60
77	00:49:55	54 Carole	Wilkinson	Lancaster and Morecambe AC	W60
78	00:49:57	12 Andrew	Whittaker	Dallam	M60
79	00:50:00	41 Paul	Bates	Lonsdale FR	M70
80	00:50:01	5 Helen	Addison	Kendal AC	W40
81	00:50:32	55 David	Wilkinson	Lancaster and Morecambe AC	M60
82	00:50:41	46 Simon	Scarr	Blackpool Wyre Fylde AC	M55
83	00:50:44	59 Ryan	Azzopardi	Wesham Road Runners	M40
84	00:50:47	28 Carmell	Romwell	Settle Harriers	W50
85	00:50:55	64 Helen	Greenup	Settle Harriers	W55
86	00:50:57	96 Maria	Steele	N/A	W50
87	00:51:00	101 Paul Graeme	Modley	Lonsdale FR	M55
88	00:51:05	122 Rachel	Scott	COLT	W45
89	00:51:12	50 Amanda	Fulmer	Blackpool Wyre Fylde AC	W45
90	00:51:19	95 Jayne	Ryan	N/A	W50
91	00:51:33	103 Lee	Craven	Ashfield Harriers	M65
92	00:52:10	84 Mike	Peat	Lonsdale FR	M60
93	00:52:35	71 Elaine	Boow	COLT	W40
94	00:52:48	34 Peter	Stock	N/A	Msen
95	00:53:16	92 Sarah	Nicholds	N/A	Wsen
96	00:53:18	115 Tom	Batty	N/A	Msen
97	00:53:55	74 Russell	Boow	N/A	M50
98	00:54:25	31 Elizabeth	Bailey	Garstang RC	W45

99	00:54:25	124 Claire	Horner	Garstang RC	W45
100	00:54:37	21 Ben	Higginson	Preston Harriers	M65
101	00:55:27	134 Stephen	Roberts	N/A	M60
102	00:55:53	78 Aileen	Menzies	N/A	W45
103	00:56:07	43 Graham	Holden	Lonsdale FR	M65
104	00:56:28	9 Kirsty	Holland	Wesham Road Runners	Wsen
105	00:57:19	18 Alan	Chesters	Bentham Beagles	M65
106	00:57:44	91 Claire	Greenwood	N/A	Wsen
107	00:57:45	126 Carol	Sharpe	N/A	W45
108	00:58:22	25 Simon	Wilson	Lonsdale FR	M60
109	00:58:43	44 Kate	Melrose	N/A	W40
110	00:59:11	130 Tracy	Cumberbatch	N/A	W40
111	01:00:52	51 John	Street	Thornton Cleveleys	M55
112	01:01:19	129 Stephen	Buston	Thornton Cleveleys	M50
113	01:01:37	24 Ian	Conway	Glaxo Hoad Hill Harriers	M70
114	01:02:01	53 Malcolm	Beech	Blackpool Wyre Fylde AC	M70
115	01:02:16	127 Keith	Benson	Thornton Cleveleys	M50
116	01:02:16	113 Graham	Saunders	Thornton Cleveleys	M50
117	01:02:25	112 Dawn	Saunders	Thornton Cleveleys	W50
118	01:02:25	88 Ben	Mason	Thornton Cleveleys	W55
119	01:03:05	76 John	Hodkinson	Dallam	Msen
120	01:03:19	39 Phil	Corris	Lancs Constabulary AC	M65
121	01:03:38	57 Graham	Jameson	Lancaster and Morecambe AC	M75
122	01:03:44	6 Sally	Deacon	Wesham Road Runners	W55
123	01:03:56	73 Kate	Sharkey	Lancaster and Morecambe AC	W40
124	01:03:56	106 Vanessa	Cadman	Lancaster and Morecambe AC	W45
125	01:06:00	89 Claire	Singer	N/A	Wsen
126	01:06:25	100 Phil	Lakeland	Preston Harriers	M65
127	01:06:26	7 Deborah	Myerscough	Wesham Road Runners	W55
128	01:08:11	82 Sammy	Metcalfe	Sedbergh School Running Club	Wsen
129	01:08:12	81 Ian	Hodkinson	COLT	M65
130	01:08:12	85 Adam	Metcalfe	Sedbergh School Running Club	Msen
131	01:14:10	97 Peter John	Edge	Bentham Beagles	M75
132	DNF	116 Gayle	Denny	Bentham Beagles	Wsen
133	DNF	114 Simon	Denny	Bentham Beagles	Msen
134	DNF	49 Mary	O'Gorman	Bowland FR	Wsen