

### 3 Bridges 10k Results 10 Apr 2022

Pos.	Actual Time	Race No.	Surname	First Name	Club Name	Category	Sex
1	00:35:18	66	Finday	Douglas	Garscube Harriers		M
2	00:35:35	171	Taylor	David	Wesham RR		M
3	00:35:49	179	Trzeciak	Maciej		V40	M
4	00:35:56	68	Fletcher	Eddie	Howgill Harriers		M
5	00:36:37	160	Sloan	Jackson	Lancaster & Morecambe AC		M
6	00:36:59	112	McLeod	James	Accrington RR		M
7	00:37:18	101	Lee	Gareth			M
8	00:38:28	57	Douglas	Andrew	Eden Runners	V40	M
9	00:39:14	218	Blenkinship	Harry			M
10	00:39:24	6	Atkinson	Gary		V50	M
11	00:39:31	118	Muller	Paul	Northern Masters	V65	M
12	00:40:09	202	Dover	Gary	Glaxo Hoad Hill Harriers	V55	M
13	00:40:23	21	Bremner	Scott	Glaxo Hoad Hill Harriers		M
14	00:40:39	193	Williams	John	Eden Runners	V45	M
15	00:41:01	95	Jones	Richard	Garstang RC	V40	M
16	00:41:03	207	Sadler	Ian	Walney Wind Cheetahs	V55	M
17	00:41:24	75	Gillon	Paul	Lancaster & Morecambe AC	V55	M
18	00:41:42	55	Dent	Graham		V40	M
19	00:42:01	134	Pilling	Paula	Ramsbottom RC	V45	F
20	00:42:31	162	Smith	Neil			M
21	00:42:52	211	Nielsen	Emma	Eden Runners	V45	F
22	00:43:06	42	Clayton	Robert	Lancaster & Morecambe AC		M
23	00:43:12	41	Cheshire	Kira	Blackpool Wyre & Fylde AC		F
24	00:43:13	153	Sealby	Carl	Eden Runners	V45	M
25	00:43:14	30	Burton	Mike		V40	M
26	00:43:17	92	Jeffries	Paul	Preston Harriers	V45	M
27	00:43:40	167	Sutcliffe	Sarah	Ramsbottom RC	V45	F
28	00:43:48	22	Bridge	Karen	Eden Runners	V50	F
29	00:44:20	150	Savage	Christopher		V45	M
30	00:44:26	188	Webb	Joseph	Eden Runners		M
31	00:44:28	98	Kouvarllis	David		V45	M
32	00:44:32	159	Singleton	Amy	Walney Wind Cheetahs	V40	F
33	00:44:35	61	Edwards	Samantha	Red Rose Road Runners	V35	F
34	00:44:52	88	Hodgson	Stu	Eden Runners	V45	M
35	00:45:11	35	Carney-Jack	Jake	Lancaster Runners		M
36	00:45:16	86	Heyes	Lesley	Ramsbottom RC	V55	F
37	00:45:32	120	Nichols	David	Dallam RC	V40	M
38	00:45:35	205	Turton	Patrick		V60	M
39	00:45:46	1	Abbott	Darren		V50	M
40	00:45:52	219	Elliot	Sarah	Lancaster Runners	V45	F
41	00:46:17	13	Blight	Anthony	Blackpool Wyre & Fylde AC	V50	M
42	00:46:29	198	Worthington	Andrew		V40	M
43	00:46:34	94	Johnstone	Robert		V50	M

44	00:46:37	83	Harding	Michael			M
45	00:46:57	18	Bower	Garry	Eden Runners	V50	M
46	00:47:03	151	Schofield	Andy		V55	M
47	00:47:09	25	Bulman	Robert		V55	M
48	00:47:15	113	McManus	Johnna	Lostock AC	V40	F
49	00:47:35	214	Wilcock	Adam			M
50	00:47:45	204	O'Mane	Charlie	Walney Wind Cheetahs		M
51	00:47:46	34	Carmichael	Matthew	Ramsbottom RC		M
52	00:47:50	29	Burrows	Austin		V45	M
53	00:47:50	149	Savage	Natalie		V40	F
54	00:48:05	90	Highes	Jonathan			M
55	00:48:24	27	Burns	Liam			M
56	00:48:29	46	Crawford	Ben			M
57	00:48:43	209	Marsh	Stephen		V60	M
58	00:49:16	196	Wilson	Stephen	Ramsbottom RC	V60	M
59	00:49:28	4	Armer	Grant			M
60	00:49:36	81	Hardie	Daniel	Lancaster Runners	V40	M
61	00:49:39	37	Chard	Roger		V40	M
62	00:49:41	141	Rayson	Barry			M
63	00:49:50	216	Wells	Jonathan	Red Rose Road Runners		M
64	00:50:02	178	Tomlin	Robert	Highland Hill Harriers	V55	M
65	00:50:04	39	Cheal	Mark		V40	M
66	00:50:05	157	Simmill	Mark	Lancaster & Morecambe AC	V60	M
67	00:50:06	124	Owen	David		V55	M
68	00:50:12	146	Rooney	Peter	Wesham RR	V60	M
69	00:50:18	177	Tinker	Kellyjo			F
70	00:50:21	197	Woods	Cecilia	Ramsbottom RC	V60	F
71	00:50:22	97	Knight	Ben	Ramsbottom RC	V45	M
72	00:50:51	47	D'Souza	Ross		V55	M
73	00:51:03	185	Walsh	Mike	Kendal AAC	V70	M
74	00:51:25	164	Soni	Mahesh			M
75	00:51:27	163	Smithers	Ben	Red Rose Road Runners		M
76	00:51:29	128	Pearson	Mark		V50	M
77	00:51:53	226	Mucalt	Paul	Lancaster Runners	V40	M
78	00:52:16	166	Starkie	Terry		V55	M
79	00:52:30	221	Cunningham	Howry			M
80	00:52:31	180	Tyson	Helen	Eden Runners	V40	F
81	00:52:33	65	Ferguson	Fiona	Eden Runners	V50	F
82	00:52:35	145	Robinson	Ian	Eden Runners	V60	M
83	00:53:01	220	Carto	S		V55	M
84	00:53:30	126	Patil	Jayaprakash		V45	M
85	00:53:34	79	Halladay	Andrew		V60	M
86	00:53:35	64	Fawcett	Shelley	Women on the Run	V45	F
87	00:53:40	50	Davy	Andrew		V45	M
88	00:53:53	206	Lee	Anne		V60	F
89	00:54:01	125	Pateloup	Leslie			F

90	00:54:05	191	Whitfield	Philip	Eden Runners	V50	M
91	00:54:11	38	Chard	Nicholas		V45	M
92	00:54:47	182	Wagner	Tarryn			F
93	00:54:57	210	Clucas	John	Blackburn Road Runners	V60	M
94	00:55:03	102	Littlechild	Tim		V40	M
95	00:55:11	213	Wilde	Steven	Chorley Athletic & Tri	V65	M
96	00:55:15	139	Rathod	Neela		V40	F
97	00:55:17	28	Burns	Anthony		V50	M
98	00:55:18	96	Knell	Simon	Eden Runners	V55	M
99	00:55:23	103	Lloyd	Nicola	Highland Hill Harriers	V45	F
100	00:55:29	169	Taylor	David		V70	M
101	00:55:30	170	Taylor	Frances		V40	F
102	00:55:31	154	Seddon	Philip	Darwen Dashers	V60	M
103	00:55:32	31	Butler	Hannah			F
104	00:55:35	203	Acland	Peter	Kendal AAC	V60	M
105	00:55:46	165	Starkie	Jeanie		V50	F
106	00:55:47	223	Stubbs	Phil			M
107	00:55:57	104	Lock	Zoe		V35	F
108	00:56:09	194	Williamson	Faye			F
109	00:56:12	5	Armitage	Marie-Claire		V35	F
110	00:56:18	199	Wren	Jade			F
111	00:56:20	173	Teague	Paul		V55	M
112	00:56:22	2	Albrow	Becky	Ramsbottom RC	V35	F
113	00:56:36	12	Blackmore	Sally	Eden Runners	V55	F
114	00:57:00	111	McLennan	Cath		V55	F
115	00:57:07	222	Simpson	Raluca		V40	F
116	00:57:08	36	Carter	James	Garstang RC	V50	M
117	00:57:09	52	Day	Paula	Garstang RC	V50	F
118	00:57:24	48	Davies	Phil	Vegan Runners	V45	M
119	00:57:24	49	Davies	Sasha			F
120	00:57:39	56	Dhillon	Gurbakish	Lancaster & Morecambe AC	V40	F
121	00:57:40	208	Gardener	Billy	Lancaster & Morecambe AC	V60	M
122	00:57:54	156	Simmill	Elaine	Lancaster & Morecambe AC	V60	F
123	00:58:02	195	Wilson	Ian	Blengdale RC	V55	M
124	00:58:08	189	Wells	Rebecca			F
125	00:58:16	190	Wharmby	Neil	Ramsbottom RC	V60	M
126	00:58:17	201	Huddart	Phil		V60	M
127	00:58:32	106	Madden	Rick	Ramsbottom RC	V45	M
128	00:58:32	105	Madden	Donna	Ramsbottom RC	V45	F
129	00:58:36	133	Peters	Adam		V45	M
130	00:58:45	89	Hodgson	Susan	Lancaster & Morecambe AC	V60	F
131	00:59:11	67	Firkins	Faith	Lancaster & Morecambe AC	V50	F
132	00:59:13	109	Master	Sara	Lonely Goats RC	V40	F
133	00:59:19	152	Schofield	Sally		V50	F
134	00:59:20	70	Francom	Steven	Winston Runners	V45	M
135	00:59:25	60	Edwards	Joy			F

136	00:59:56	225	Parkinson	Kate		V35	F
137	00:59:59	82	Harding	Thomas			M
138	01:00:03	58	Douglas	Catherine	Lancaster & Morecambe AC	V55	F
139	01:00:05	117	Mossman	Margaret	Eden Runners	V45	F
140	01:00:05	212	O'Neill	Chris		V40	M
141	01:00:33	19	Boyce	Richard	Eden Runners	V55	M
142	01:00:56	140	Rawson	Daniel	Ramsbottom RC	V40	M
143	01:01:02	40	Cheal	Liya		V35	F
144	01:01:03	187	Watson	Molly			F
145	01:01:14	69	Foster	Judith		V55	F
146	01:01:14	24	Bryans	Tarn		V50	F
147	01:01:18	53	Sean	Elizabeth		V60	F
148	01:02:00	59	Drewette	Katy	Eden Runners	V40	F
149	01:02:42	119	Nichol	Don	Ramsbottom RC	V65	M
150	01:02:54	85	Hennedy	Gareth		V40	M
151	01:03:08	8	Bamford	Holly	Ramsbottom RC	V35	F
152	01:03:29	44	Corris	Phil	Lancashire Constabulary AC	V65	M
153	01:04:21	45	Courtman	Jessica			F
154	01:04:23	11	Bell	Kate	Lonely Goats RC	V40	F
155	01:04:25	224	Gough	Rachel		V50	F
156	01:04:25	122	Ormrod	Anna		V50	F
157	01:04:28	51	Davy	Angela		V40	F
158	01:04:49	108	Majumder	Joydip	Red Rose Road Runners	V45	M
159	01:05:03	3	Aldelime	Monika	Southport Strollers RC	V45	F
160	01:05:30	217	Wallwork	Emma			F
161	01:05:36	143	Roberts	Rose	COLT	V60	F
162	01:05:39	184	Walsh	Viki	Darwen Dashers	V40	F
163	01:06:03	175	Thomson	Ian	Darwen Dashers	V60	M
164	01:06:09	15	Boswell-Ch	Dawn		V50	F
165	01:06:17	142	Roberts	Joanne		V50	F
166	01:06:30	168	Swarbrick	Kenneth	Ramsbottom RC	V45	M
167	01:07:38	73	Gibbs-Mon	Allan	Liverpool RC	V45	M
168	01:07:38	9	Barrett	Yvonne		V50	F
169	01:08:14	26	Burkitt	Heather		V55	F
170	01:08:20	76	Hall	John	Ramsbottom RC	V65	M
171	01:08:28	23	Briffett	Georgina	Dallam RC	V45	F
172	01:08:55	7	Ball	Angela	Ramsbottom RC	V55	F
173	01:10:48	71	Freschini	Helen		V50	F
174	01:11:42	93	Jenkins	Lausanne	Ramsbottom RC	V45	F
175	01:12:12	121	Nicky	Cooper		V45	F
176	01:12:13	148	Sargent	Ruth	Southport Waterloo AC	V45	F
177	01:12:20	14	Booth	Adrian	Ramsbottom RC	V50	M
178	01:12:25	192	Wightman	Alison		V45	F
179	01:12:29	158	Simnett	Becky		V50	F
180	01:13:49	131	Pendlebury	Christine	Ramsbottom RC	V55	F
181	01:13:49	130	Pendlebury	Jeffrey	Ramsbottom RC	V60	M

182	01:14:26	155	Sidebottom Andrea	Ramsbottom RC	V60	F
183	01:14:27	136	Powers Sandra		V65	F
184	01:15:05	144	Roberts Maureen	Lancaster & Morecambe AC	V65	F
185	01:19:26	215	Whittake Rosemary	Lancaster Runners	V55	F
186	01:21:05	127	Patterson Bronagh		V35	F
187	01:32:34	183	Waldram Stuart	Ramsbottom RC	V50	M