

**Location: Blackpool Date 06 April 2022**

<b>Runner Number</b>	<b>Posn</b>	<b>IC</b>	<b>Vet</b>	<b>V-50</b>	<b>V-60</b>	<b>Lady FV40</b>	<b>Name</b>	<b>Surname</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>	
781	1	1					Rob	Danson	M	Wesham	19:52	
57	2	2					Luke	Minns	M	Blackpool	20:27	
375	3	3	1				Chris	Livesey	M-40	Preston	20:45	
60	4	4					Marco	Parolin	M	Blackpool	21:02	
315	5	5					Mike	Toft	M	Lytham	21:25	
347	6	6					Sam	Evans	M	Preston	21:34	
192	7	7					Tom	Murphy	JM	Chorley	21:47	
281	8	8					Ross	McKelvie	M	Lytham	21:56	
16	9	9					Adam	Cockbain	M	Blackpool	21:57	
410	10	10					Luke	Suffolk	JM	Preston	22:08	
832	11	11	2				John	MacDougall	M-45	Wesham	22:12	
1045	12	12					Matthew	Holmes	M	Red Rose	22:21	
218	13	13	3				Robert	Walsh	M-45	Chorley	22:22	
114	14	14					Matthew	Holton	JM	Blackpool	22:24	
55	15	15					Christopher	McCarthy	M	Blackpool	22:27	
157	16	16	4				Dan	Edwards	M-45	Chorley	22:33	
866	17	17	5				Steve	Swarbrick	M-45	Wesham	22:39	
868	18	18					David	Taylor	M	Wesham	22:56	
993	19	19	6				James	Bretherton	M-40	Red Rose	23:10	
117	20	20	7				Andrew	Fairbairn	M-45	Blackpool	23:13	
367	21	21					Mariusz	Kovacs	M	Preston	23:16	
383	22	22					William	Metcalfe	M	Preston	23:17	
427	23	23					Chris	Williams	M	Preston	23:18	
25	24	24	8				James	Dyson	M-40	Blackpool	23:23	
67	25	25					Luke	Rawcliffe	JM	Blackpool	23:23	
873	26	26					Alekzander	Walker	M	Wesham	23:34	
145	27	27					Tom	Belcher	M	Chorley	23:37	
741	28	28	9				Steve	Abbott	M-45	Wesham	23:42	
264	29	29					Joe	Greenwood	M	Lytham	23:43	
814	30	30					Daniel	Hounslea	M	Wesham	23:51	
417	31	31					Alex	Venables	M	Preston	23:58	
877	32	32					Adam	Wilding	M	Wesham	24:01	
689	33	33					David	Moulding	M	Thornton	24:02	
303	34	34	10				Jonathan	Tuck	M-45	Lytham	24:08	
356	35	35	11				Steve	Hallas	M-45	Preston	24:13	
168	36	36					Dylan	Grindley	M	Chorley	24:25	
70	37	37					Simon	Reason	M	Blackpool	24:26	
746	38	38	12	1			Lee	Barlow	M-50	Wesham	24:30	
428	39	39	13	2			Gary	Wilson	M-55	Preston	24:44	
420	40	40	14	3			David	Watson	M-50	Preston	24:44	
92	41	41					Joseph	Tyldesley	M	Blackpool	24:46	
844	42	42	15				Steve	Myerscough	M-45	Wesham	24:47	
405	43	43				1	Jamie	Robinson	F	Preston	24:50	
891	44	44	16				Paul	Hetherington	M-45	Wesham	24:58	
19	45	45	17				Ian	Dawson	M-40	Blackpool	25:00	
54	46	46					Josh	Mathias-Davey	JM	Blackpool	25:12	
431	47	47					Paul	Ratan	M	Preston	25:15	
5	48	48	18	4		2	1	Caroline	Betmead	F-50	Blackpool	25:17
674	49	49	19				James	Greenaway	M-40	Thornton	25:18	
96	50	50					Mark	Warner	M	Blackpool	25:19	
314	51	51	20	5			Stephen	Wilde	M-50	Lytham	25:24	
590	52	52	21	6			John	Shepherd	M-55	Red Rose	25:26	
106	53	53	22	7			John	Wright	M-55	Blackpool	25:27	
659	54	54					Dan	Capper	M	Thornton	25:29	
2	55	55					Nathan	Baker	M	Blackpool	25:30	
397	56	56					Dougie	Potter	M	Preston	25:34	
184	57	57				3	Olivia	Leigh	JF	Chorley	25:36	
182	58	58	23	8			Ian	Leigh	M-50	Chorley	25:47	
801	59	59	24				James	Green	M-45	Wesham	25:49	
1083	60	60	25				Lee	Quibell	M-40	Red Rose	25:50	
668	61	61	26				Paul	Dixon	M-45	Thornton	25:51	
56	62	62					Ethan	McEvoy	JM	Blackpool	25:56	
381	63	63	27	9			Neil	McDonald	M-50	Preston	25:57	

276	64	64	28				Dom	Kirby	M-40	Lytham	26:07
806	65	65					Chris	Haines	M	Wesham	26:09
594	66	66	29				Stuart	Smith	M-45	Red Rose	26:20
805	67	67	30	10			Carl	Groome	M-50	Wesham	26:27
226	68	68	31				Domonic	Raby	M-45	Chorley	26:33
333	69	69	32	11			Russell	Codd	M-50	Preston	26:35
272	70	70					Tom	Howarth	M	Lytham	26:38
76	71	71	33	12			Greg	Seddon	M-55	Blackpool	26:40
263	72	72	34	13		4	2 Jo	Goorney	F-50	Lytham	26:41
437	73	73	35				Paul	Heywood	M-45	Preston	26:41
994	74	74					Christopher	Bridge	M	Red Rose	26:42
220	75	75	36	14			Paul	Wareing	M-55	Chorley	26:45
1100	76	76	37	15	1		Joe	Swarbrick	M-65	Red Rose	26:47
385	77	77	38				Steve	Mort	M-45	Preston	26:48
353	78	78	39	16			John	Griffiths	M-55	Preston	26:50
256	79	79					Chris	Cottam	M	Lytham	26:50
277	80	80	40			5	3 Mel	Koth	F-45	Lytham	26:53
318	81	81					James	Whittle	M	Lytham	26:53
745	82	82	41	17			Jason	Barlow	M-50	Wesham	26:56
407	83	83					Jonny	Slater	M	Preston	27:00
24	84	84	42				Stephen	Dunn	M-45	Blackpool	27:00
529	85	85	43				Andrew	Fairweather	M-40	Red Rose	27:04
1000	86	86	44	18			Stuart	Cann	M-55	Red Rose	27:06
681	87	87	45	19	2		John	Hickman	M-60	Thornton	27:07
107	88	88					Chris	Wylie	M	Blackpool	27:09
571	89	89	46				John	Naylor	M-40	Red Rose	27:10
217	90	90	47				Jamie	Vosper	M-45	Chorley	27:12
84	91	91	48	20			Paul	Sparrow	M-55	Blackpool	27:13
1128	92	92					Ethan	Hodkinson	M	Red Rose	27:13
1132	93	93	49	21			Minolo	Brook	M-50	Red Rose	27:14
252	94	94	50	22		6	4 Catherine	Carrdus	F-50	Lytham	27:15
93	95	95	51				James	Unsworth	M-40	Blackpool	27:17
86	96	96	52	23			Tony	Terras	M-50	Blackpool	27:21
11	97	97				7	Kira	Cheshire	F	Blackpool	27:22
208	98	98					Craig	Sarson	JM	Chorley	27:25
361	99	99					Maciej	Jarno	M	Preston	27:27
79	100	100	53	24			Neil	Short	M-50	Blackpool	27:29
390	101	101				8	Victoria	Osten	F	Preston	27:31
357	102	102	54	25	3		Kevin	Hesketh	M-65	Preston	27:34
202	103	103	55				Martin	Quinn	M-45	Chorley	27:36
148	104	104	56	26			Darren	Bowles	M-50	Chorley	27:38
862	105	105	57	27	4		Nigel	Shepherd	M-60	Wesham	27:45
1011	106	106	58	28			Gary	Corcoran	M-50	Red Rose	27:48
108	107	107	59	29	5		Graham	Davies	M-65	Blackpool	27:52
1001	108	108	60	30			John	Carruthers	M-55	Red Rose	27:55
527	109	109	61			9	Samantha	Edwards	F-35	Red Rose	28:00
982	110	110	62	31	6		Ken	Addison	M-65	Red Rose	28:05
46	111	111	63				Andrew	Say	M-45	Blackpool	28:12
338	112	112	64	32			Peter	Cowling	M-55	Preston	28:13
66	113	113	65				Chris	Rawcliffe	M-40	Blackpool	28:20
1111	114	114					Simon	Winster	M	Red Rose	28:21
819	115	115	66				Damian	Ings	M-45	Wesham	28:23
1047	116	116					Liam	Hooton	M	Red Rose	28:26
350	117	117	67	33	10		5 Cathy	Flitcroft	F-55	Preston	28:36
199	118	118	68	34			Adrian	Pilkington	M-50	Chorley	28:39
362	119	119	69	35			Billy	Johnstone	M-55	Preston	28:43
841	120	120					Stuart	Mulrooney	M	Wesham	28:43
246	121	121	70	36	11		6 Louise	Cox	F-50	Lytham	28:45
273	122	122	71				Mark	Hughes	M-45	Lytham	28:46
372	123	123	72	37	7		David	Lea	M-60	Preston	28:47
153	124	124	73	38			Warren	Crook	M-55	Chorley	28:52
348	125	125				12	Teagan	Fell	JF	Preston	28:57
304	126	126	74	39	8		Graham	Webster	M-70	Lytham	29:00
227	127	127	75			13	7 Nichola	Raby	F-45	Chorley	29:00
1107	128	128					Barry	Wheeler	M	Red Rose	29:04
190	129	129	76			14	8 Laura	Murphy	F-45	Chorley	29:06

265	130	130	77	40			Dan	Gregson	M-50	Lytham	29:07	
889	131	131					William	Parkinson	M	Wesham	29:08	
32	132	132	78				Andrew	Hall	M-45	Blackpool	29:09	
169	133	133	79	41			Christopher	Hall	M-50	Chorley	29:11	
243	134	134	80	42	9		John	Bertenshaw	M-65	Lytham	29:12	
124	135	135	81				Tony	Clowes	M-45	Blackpool	29:14	
522	136	136	82	43			Andrew	Doublett	M-50	Red Rose	29:15	
198	137	137			15		Amber	Pilkington	JF	Chorley	29:17	
1131	138	138	83				Richard	Barnes	M-40	Red Rose	29:18	
846	139	139	84				Andy	Neville	M-40	Wesham	29:24	
690	140	140	85		16	9	Tracey	Mullen	F-45	Thornton	29:25	
38	141	141	86				Danny	Higgins	M-40	Blackpool	29:26	
997	142	142	87	44			Philip	Butler	M-55	Red Rose	29:30	
651	143	143	88	45			James	Almond	M-55	Thornton	29:34	
183	144	144			17		Megan	Leigh	JF	Chorley	29:38	
175	145	145	89				Keith	Johnston	M-40	Chorley	29:39	
7	146	146	90	46			Anthony	Blight	M-50	Blackpool	29:45	
147	147	147					Mark	Bond	M	Chorley	29:47	
869	148	148	91		18	10	Michelle	Tickle	F-45	Wesham	29:50	
329	149	149	92	47			Ian	Bebbington	M-55	Preston	29:51	
585	150	150	93		19	11	Janette	Rayton	F-40	Red Rose	29:52	
419	151	151	94	48			Dale	Wallis	M-55	Preston	29:58	
219	152	152	95		20		Rebecca	Ward	F-35	Chorley	30:05	
767	153	153	96	49	10		John	Collier	M-65	Wesham	30:09	
194	154	154	97	50			Darren	Nicholls	M-50	Chorley	30:10	
751	155	155	98	51	11		Martin	Bates	M-65	Wesham	30:12	
1016	156	156	99	52	12		Philip	Davidson	M-60	Red Rose	30:18	
592	157	157					Daniel	Smith	JM	Red Rose	30:21	
143	158	158	100	53	13		Stephen	Baker	M-60	Chorley	30:24	
149	159	159	101	54	21	12	Jane	Bowles	F-50	Chorley	30:27	
743	160	160					Jonny	Allsop	M	Wesham	30:29	
150	161	161			22		Liberty	Bryan	F	Chorley	30:34	
64	162	162	102	55			Paul	Plummer	M-50	Blackpool	30:35	
803	163	163	103				Paul	Gregory	M-40	Wesham	30:40	
371	164	164					Andy	Lea	M	Preston	30:40	
125	165	165	104				David	Holt	M-40	Blackpool	30:42	
144	166	166	105				Paul	Bass	M-45	Chorley	30:43	
1125	167	167	106	56			Eddie	Hamilton	M-50	Red Rose	30:44	
291	168	168	107		23		Helen	Rennie	F-35	Lytham	30:44	
214	169	169			24		Anya	Townsend	F	Chorley	30:46	
279	170	170			25		Maddy	Markham	JF	Lytham	30:47	
1126	171	171					Chris	Griffiths	M	Red Rose	30:48	
1098	172	172					Joel	Stanier	M	Red Rose	30:49	
1051	173	173	108	57	14		Allan	Johnson	M-60	Red Rose	30:51	
270	174	174	109		26		Jennifer	Hill	F-35	Lytham	30:57	
618	175	175					Gary	Li	M	Red Rose	30:59	
663	176	176	110		27	13	Rebecca	Courtney	F-40	Thornton	31:00	
548	177	177			28		Melissa	Houghton	F	Red Rose	31:04	
828	178	178	111	58	29	14	Suzanne	Leonard	F-50	Wesham	31:05	
33	179	179	112		30	15	Helen	Hall	F-40	Blackpool	31:06	
694	180	180	113	59	15		Steve	Robinson	M-65	Thornton	31:12	
47	181	181	114	60	31	16	Laura	Lawler	F-50	Blackpool	31:24	
392	182	182			32		Eleanor	Palmer	F	Preston	31:30	
224	183	183	115				Richard	Holding	M-40	Chorley	31:34	
278	184	184	116		33	17	Claire	Markham	F-45	Lytham	31:38	
290	185	185	117	61			Peter	Reid	M-50	Lytham	31:39	
1033	186	186					Ryan	Gibson	M	Red Rose	31:39	
75	187	187	118	62			Simon	Scarr	M-55	Blackpool	31:40	
686	188	188	119	63			Steve	Livesey	M-55	Thornton	31:43	
560	189	189	120				Rob	Mather	M-45	Red Rose	31:49	
173	190	190	121				Michael	Hendry	M-40	Chorley	31:54	
231	191	191	122	64			Ian	Gouldthorpe	M-50	Chorley	31:55	
991	192	192	123	65	16		Peter	Bolton	M-60	Red Rose	31:59	
73	193	193	124	66	34	18	Susan	Samme	F-55	Blackpool	32:00	
1007	194	194	125	67	17	35	19	Ann	Cleave	F-60	Red Rose	32:00
87	195	195					Zachery	Terras	JM	Blackpool	32:02	

266	196	196	126	68	18	36	20	Pam	Hardman	F-60	Lytham	32:06	
857	197	197	127	69	19			Peter	Rooney	M-60	Wesham	32:06	
838	198	198	128				37	21	Natalie	Middlemas	F-40	Wesham	32:13
818	199	199					38		Becky	Ingham	F	Wesham	32:13
989	200	200	129						Steve	Bellamy	M-45	Red Rose	32:14
308	201	201	130	70					Steve	Wise	M-55	Lytham	32:15
691	202	202	131	71	20				Barry	O'Cleirigh	M-60	Thornton	32:16
351	203	203	132	72					David	Flitcroft	M-55	Preston	32:19
1123	204	204							Adam	Ward	M	Red Rose	32:20
1124	205	205	133	73	21				Phil	Dean	M-60	Red Rose	32:25
305	206	206	134	74					Mick	Widdop	M-50	Lytham	32:27
223	207	207							Joseph	Chadwick	JM	Chorley	32:29
120	208	208	135			39	22		Diane	Strickland	F-40	Blackpool	32:31
720	209	209	136			40			Angela Marie	Cruse	F-35	Thornton	32:32
61	210	210				41			Basia	Pawelczak	F	Blackpool	32:37
1034	211	211	137						Craig	Goldsworthy	M-45	Red Rose	32:39
195	212	212					42		Louise	Nicholls	JF	Chorley	32:40
704	213	213	138	75					John	Street	M-55	Thornton	32:50
654	214	214	139				43	23	Sarah	Barton	F-40	Thornton	33:00
1122	215	215							Gary	Turner	M	Red Rose	33:03
791	216	216	140						Paul	Eccles	M-40	Wesham	33:05
1075	217	217	141	76	22				Peter	O'Grady	M-65	Red Rose	33:07
811	218	218	142				44		Antoinette	Holton	F-35	Wesham	33:15
110	219	219	143	77	23				David	Marsland	M-65	Blackpool	33:19
839	220	220	144	78			45	24	Lisa	Minns	F-55	Wesham	33:20
779	221	221	145	79					James Robert	Danson	M-55	Wesham	33:22
589	222	222							Jake	Shepherd	M	Red Rose	33:24
878	223	223	146	80	24	46	25		Beverley	Wilding	F-60	Wesham	33:35
1093	224	224	147	81					Kevin	Smith	M-55	Red Rose	33:38
1046	225	225	148	82	25				David	Hooton	M-65	Red Rose	33:40
570	226	226	149	83					Steve	Murphy	M-50	Red Rose	33:45
1065	227	227	150						Steven	Moon	M-45	Red Rose	33:50
859	228	228	151				47	26	Helen	Schofield	F-45	Wesham	33:54
744	229	229	152						Ryan	Azzopardi	M-40	Wesham	33:55
884	230	230	153	84	26				Simon David	Young	M-70	Wesham	33:58
688	231	231	154				48		Roxanne	McAllister	F-35	Thornton	34:01
541	232	232	155	85					Nigel	Harrison	M-55	Red Rose	34:02
875	233	233	156	86					Troy	Watson	M-50	Wesham	34:04
800	234	234	157				49	27	Vicky	Gore	F-45	Wesham	34:05
799	235	235	158						Steven	Gore	M-40	Wesham	34:06
581	236	236	159	87			50	28	Paula	Plowman	F-55	Red Rose	34:10
695	237	237	160	88			51	29	Dawn	Saunders	F-50	Thornton	34:11
189	238	238	161						Kevin	Munro	M-45	Chorley	34:13
864	239	239	162						Colin	Smy	M-40	Wesham	34:15
280	240	240	163	89					Paul	McAllister	M-55	Lytham	34:15
658	241	241	164	90					Stephen	Buston	M-50	Thornton	34:16
358	242	242	165	91	27	52	30		Marian	Hesketh	F-65	Preston	34:21
708	243	243	166	92					Steve	Thompson	M-55	Thornton	34:22
112	244	244					53		Millie	Oldham	JF	Blackpool	34:25
302	245	245	167	93	28				Peter	Thomson	M-60	Lytham	34:29
14	246	246	168	94	29				Ian	Close	M-65	Blackpool	34:30
840	247	247	169	95	30				Andrew	Moore	M-60	Wesham	34:31
306	248	248							Alex	Wiggins	M	Lytham	34:33
698	249	249	170				54		Jenny	Shepherd	F-35	Thornton	34:33
298	250	250	171						Ian	Tate	M-40	Lytham	34:45
98	251	251	172	96			55	31	Gina	Whiteley	F-50	Blackpool	34:46
685	252	252	173						Gareth	Kirkpatrick	M-40	Thornton	34:47
365	253	253	174				56	32	Heidi	Kirkby	F-45	Preston	34:50
292	254	254	175	97			57	33	Julia	Rolfe	F-55	Lytham	34:52
416	255	255	176				58	34	Julie	Tyrer	F-45	Preston	34:54
245	256	256	177	98	31				Barry	Broughton	M-60	Lytham	34:56
836	257	257	178	99					Finlay	McCalman	M-55	Wesham	34:57
30	258	258	179	100	32				Peter	Gibson	M-65	Blackpool	34:58
775	259	259					59		Emma	Crabtree	F	Wesham	35:03
851	260	260	180				60	35	Julie	Paton	F-45	Wesham	35:04
307	261	261	181	101			61	36	Ruth	Williams	F-55	Lytham	35:05

996	262	262	182					Lee	Burton	M-40	Red Rose	35:10
209	263	263	183					Craig	Sawers	M-45	Chorley	35:15
1129	264	264				62		Gina	Biggs	F	Red Rose	35:34
696	265	265	184	102				Graham	Saunders	M-50	Thornton	35:42
319	266	266	185	103		63	37	Catherine	MacLachlan	F-50	Lytham	35:49
422	267	267	186	104	33	64	38	Sue	Wickham	F-60	Preston	35:50
1097	268	268	187			65		Esther	Stanier	F-35	Red Rose	35:56
692	269	269	188					Gary	Parkinson	M-45	Thornton	36:05
366	270	270	189	105	34	66	39	Maureen	Kirkby	F-70	Preston	36:09
810	271	271				67		Kirsty	Holland	F	Wesham	36:18
757	272	272	190	106		68	40	Dawn	Biggs	F-50	Wesham	36:31
213	273	273	191	107	35			Steve	Thomas	M-65	Chorley	36:32
662	274	274	192					Craig	Caunce	M-40	Thornton	36:35
295	275	275	193	108	36			Roy	Stevens	M-70	Lytham	36:43
596	276	276	194	109				Andy	Speer	M-55	Red Rose	36:45
176	277	277	195			69	41	Lisa	Johnston	F-40	Chorley	36:51
835	278	278	196			70	42	Jo	McCaffery	F-40	Wesham	36:56
320	279	279	197	110		71	43	Linda	Chadderton	F-50	Lytham	37:03
402	280	280	198	111		72	44	Gill	Rigby	F-55	Preston	37:07
62	281	281	199	112				Darrell	Pickering	M-55	Blackpool	37:11
794	282	282	200	113		73	45	Christine	Fare	F-50	Wesham	37:16
288	283	283	201	114				Greg	Oulton	M-50	Lytham	37:17
232	284	284	202			74	46	Anita	Porter	F-45	Chorley	37:19
756	285	285	203	115	37	75	47	Anne	Berry	F-60	Wesham	37:21
563	286	286	204	116	38	76	48	Alison	Mercer	F-60	Red Rose	37:29
559	287	287	205					Colin	Manning	M-40	Red Rose	37:31
753	288	288	206			77	49	Clare	Belfield	F-40	Wesham	37:35
758	289	289						James	Birchall	M	Wesham	37:36
1130	290	290				78		Rebecca	Wells	F	Red Rose	37:37
210	291	291						James	Shuttleworth	M	Chorley	37:54
716	292	292	207			79	50	Vikki	Wrigley	F-45	Thornton	38:00
587	293	293	208	117		80	51	Christine	Rostron	F-55	Red Rose	38:05
569	294	294	209	118		81	52	Helen	Murphy	F-55	Red Rose	38:08
983	295	295	210			82	53	Tracey	Alami	F-45	Red Rose	38:20
601	296	296						Reece	Thomas	M	Red Rose	38:22
715	297	297	211	119	39			Andy	Whitlam	M-65	Thornton	38:23
1	298	298	212	120	40			Malcolm	Beech	M-70	Blackpool	38:28
809	299	299	213			83	54	Wendy	Hebblethwaite	F-40	Wesham	38:29
481	300	300	214	121		84	55	Kathryn	Abbott	F-50	Red Rose	38:31
523	301	301	215	122	41	85	56	Julie	Doublett	F-60	Red Rose	38:36
309	302	302	216	123	42	86	57	Juile	Wiseman	F-60	Lytham	38:41
115	303	303	217			87	58	Claire	St John	F-40	Blackpool	38:42
520	304	304	218			88	59	Ann	Donoghue	F-40	Red Rose	38:43
274	305	305	219			89	60	Emma	Johnston	F-40	Lytham	38:45
244	306	306	220	124	43	90	61	Pam	Binns	F-75	Lytham	38:46
331	307	307	221	125	44	91	62	Jacque	Bonworth	F-60	Preston	39:00
22	308	308	222			92		Claire	Dunn	F-35	Blackpool	39:06
377	309	309	223			93	63	Jenny	MacDonald	F-45	Preston	39:10
665	310	310	224	126	45	94	64	Julie Ann	Cruse	F-60	Thornton	39:14
675	311	311	225	127	46	95	65	Audrey	Gresty	F-60	Thornton	39:21
369	312	312	226	128	47			Phil	Lakeland	M-65	Preston	39:28
434	313	313				96		Samantha	Doran	F	Preston	39:46
1082	314	314	227	129	48			Anthony	Pope	M-65	Red Rose	39:56
700	315	315	228	130		97	66	Karen	Smith	F-55	Thornton	39:58
843	316	316	229	131		98	67	Deborah	Myerscough	F-55	Wesham	39:58
660	317	317	230	132		99	68	Deborah	Cardwell	F-55	Thornton	40:16
403	318	318	231	133	49			Keith	Rigby	M-60	Preston	40:18
785	319	319	232	134		100	69	Sally	Deacon	F-55	Wesham	40:25
398	320	320	233			101	70	Alex	Proffitt	F-40	Preston	40:38
537	321	321	234			102	71	Fiona	Gutteridge	F-40	Red Rose	40:53
31	322	322	235	135		103	72	Beverley	Gigli	F-55	Blackpool	41:08
1042	323	323	236			104	73	Susan	Heatley	F-40	Red Rose	41:37
621	324	324	237					Mick	Cleece	M-40	Red Rose	41:43
485	325	325						Andy	Atkinson	M	Red Rose	41:45
509	326	326						Chris	Collings	M	Red Rose	41:45
576	327	327	238	136		105	74	Helen	Orson	F-55	Red Rose	42:01

1127	328	328	239	137	50		John	Carbury	M-60	Red Rose	42:26
1106	329	329	240			106	75 Sarah	Watkins	F-45	Red Rose	42:26
1006	330	330				107	Hannah	Clayton	F	Red Rose	42:59
1043	331	331	241	138		108	76 Carol	Heaton	F-50	Red Rose	43:00
519	332	332	242	139		109	77 Alison	Dick	F-50	Red Rose	43:01
1028	333	333	243				Gareth	Fairey	M-45	Red Rose	44:02
521	334	334	244				Ben	Donoghue	M-40	Red Rose	44:03
52	335	335	245			110	Fiona	Martin	F-35	Blackpool	45:04
855	336	336	246			111	78 Sue	Rigby	F-45	Wesham	45:04
83	337	337	247	140	51		Bill	Smith	M-70	Blackpool	45:05
39	338	338	248			112	79 Elaine	Hudson	F-45	Blackpool	45:11
23	339	339	249				John	Dunn	M-45	Blackpool	45:13
1005	340	340	250	141	52	113	80 Karen	Clark	F-60	Red Rose	46:38
1004	341	341	251	142	53		Christopher	Clark	M-60	Red Rose	46:42
1103	342	342	252			114	Lucy	Turner	F-35	Red Rose	46:53
719	343	343	253	143	54	115	81 Hilary	Gorney	F-75	Thornton	46:59
887	344	344				116	Kerry	Gilmore	F	Wesham	49:41
861	345	345	254			117	82 Tanya	Shaw	F-45	Wesham	49:42
37	346	346	255	144	55		Howard	Henshaw	M-80	Blackpool	53:39