

## WESHAM 2022 TRAIL/FELL RACE CHAMPIONSHIP

Date	Day	Race Name	Distance	Type of Race	Fell Race Category	Climb	When	Where	Cost
05/02/2022	Sat	Muddy Shoes	11 miles	Trail Race			10:00	Caldervale	£17.80
12/02/2022	Sat	Silverdale Circuit	21 miles	Trail Race			09:30	Milnthorpe	£30.00
05/03/2022	Sat	Moorhouse's Stan Bradshaw Pendle Round	10.4 miles	Fell Race	BM	590m	11:00	Barley Village Hall, near Burnley	£ 7.00
30/03/2022	Wed	Curleys	5km	Trail Race			19:00	Horwich	£ 9.50
10/04/2022	Sun	Rivington	10 mile	Trail Race			10:00	Rivington	£17.00
26/04/2022	Tue	Wray Caton Moor	6.8 miles	Fell Race	BM	335m	19:00	Wray Village	£ 5.00
01/05/2022	Sun	Great Hameldon Fell Race	6 miles	Fell Race	BS	338m	12:00	Accrington	£ 5.00
06/05/2022	Fri	Pinhaw Trail Race	5 miles	Trail Race			19:30	Earby	£ 5.00
08/05/2022	Sun	Yarrow Valley Bluebell	10K	Trail Race			10:00	Chorley	£14.00
10/05/2022	Tue	Mearley Clough Fell Race	3.5 miles	Fell Race	AS	380m	19:15	Clitheroe	£ 8.00
28/05/2022	Sat	Hutton Roof	6.8 miles	Fell Race	BM	402m	14:15	Hutton Roof village Hall	£ 7.50
02/06/2022	Thu	Austwick Amble	8.1 miles	Fell Race	BM	365m	13:00	Austwick village Green	£10.00
07/06/2022	Tue	Paddys Pole	3.7 miles	Fell Race	AS	336m	19:15	Chipping	£ 5.00
09/06/2022	Thu	Walsh Two Lads	5.2 miles	Fell Race	BS	274m	19:30	Horwich	£ 6.00
26/06/2022	Sun	Trawden 7 Trail Race	7 miles	Trail Race			11:00	Trawden	£ 8.00
05/07/2022	Tue	20 Barriers	5 miles	Trail Race	CS	160m	19:00	Carnforth	£ 5.00
20/07/2022	Wed	Hepworth Trail	5 miles	Trail Race		221m	19:30	Hepworth	£14.00
30/07/2022	Sat	Beetham Sports	5.8 miles	Fell Race	BS	283m	15:30	Beetham	£ 4.00
14/08/2022	Sun	Lowther Lakeland	13 miles	Trail Race	CL	430m	11:00	Lowther Castle	£13.00
27/08/2022	Sat	Chipping Show	7.5 miles	Fell Race	BM	549m	14:00	Chipping	

5 races in total (out of 20 possible races)

Must include at least 2 Fell and 2 trail

Winner best finish positions against runners in the race\*

Complete at least 5 Races.

Minimum 2 Fell and 2 Trail

An individuals result will be their finish position against number of competitors

\*For Example

Runner A

Race 1	33rd out of 56 runners (33/56)	0.59
Race 2	80th out of 140 runners (80/140)	0.57
Race 3	48/87	0.43
Race 4	110/254	0.43
Race 5	41/90	0.46
<b>Total</b>		<b>2.48</b>

Runner B

Race 1	89th out of 120 runners (89/120)	0.74
Race 2	5/43	0.12
Race 3	13/34	0.38
Race 4	54/211	0.26
Race 5	20/120	0.17
<b>Total</b>		<b>1.66</b>

Runner B has lower score, runner B wins