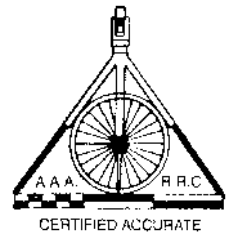


Wesham Road Runners

invites you to take part in the . . .

Sotos 10k & Fun Run

To raise money for The Emily-May Fund for Sotos
28th June 2009



Fun Run 10.20am

Main Race 11.00am

Event held under UKA rules. Race permit applied for.

PRIZES -10k Only

1-6 Men
1-6 Ladies
Men Vets 40-75
Ladies Vets 35-70
Men's & Ladies' Teams
**One prize per person
(except team)**

Fast, flat, one lap course in Fleetwood

Parking, changing & refreshments available

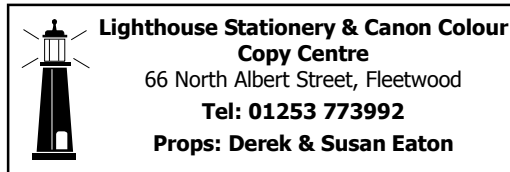
*** * * Memento to all finishers * * ***

ENTRY FEES

£7.50 attached
£9.50 unattached
£2.00 extra on race day

Fun Run £2.50

The Sotos 10k is gratefully supported and sponsored by:



How To Enter:

Please send **entry form** and **SAE** (9x6") to
The Entries Secretary, 23 Maida Vale, Thornton Cleveleys, Lancs. FY5 1NP
Telephone Contact:- 07973241936, 01253 856840 or 07866 637103
Cheques payable to **Mrs K J Waywell**

PLEASE
ENSURE
CORRECT
POSTAGE ON
SAE,

CLOSING DATE FOR POSTAL ENTRIES – 21ST JUNE 2009

Entries will be accepted on the day if limit of 500 not reached previously—Minimum age for 10k is 15 years
RACE HQ - Sea Cadets HQ, Princess Way, Fleetwood. FY7 8PG
For further information and more entry forms, please visit www.weshamroadrunners.com

SOTOS 10K APPLICATION FORM

SURNAME: _____ **FIRST NAME:** _____

ADDRESS _____

POSTCODE _____ **TELEPHONE NO:** _____

DATE OF BIRTH: _____ **AGE ON RACE DAY:** _____

AAA CLUB (if any) _____

MALE/FEMALE (delete as applicable)

RACE ENTERED: 10K/FUN RUN (delete as applicable)

10k entrants only: What T-shirt size would you like? S M L

SIGNED _____ (parent/guardian to sign if 16 or under)

Please tick if you do NOT want to be on Sweatshop mailing list

Please enter me for the above race. I accept that the organisers shall not be liable for any loss or injury or illness to my person neither as a result of taking part, nor for any loss of my property. I am medically fit and an amateur as defined by UK Athletics.

FOR OFFICE USE ONLY

Fun Run

10k

NUMBER:

CATEGORY:

CHEQUE NO: