

# LANCASHIRE FIRE AC (Licence No: 20090560)

## RELAY RACE FOR TEAMS OF 3

31st July 2009 @ 7.15pm

**COURSE:** Approx 2.8 Mile Lap on Herons Reach Bridle Path

**START:** At rear of Blackpool Zoo Car Park.  
The race is a staggered start with a few minutes between each lap.  
(Dependent on weather.)

**ENTRIES:** THIS EVENT IS A CLOSED EVENT FOR UKA REGISTERED RUNNERS  
£9.00 per Team. Cheques payable to "LANCS FIRE A.C."

**ON THE NIGHT:** At Blackpool Fire Station, Forest Gate, FY3 9RA. From 5.45pm till 6.45pm.  
Age limit is 13yrs or over.

**PRESENTATION:** At Blackpool Fire Station at approx 8.15pm

**REFRESHMENTS:** Hot Food with drink (donations welcomed)

**CHANGING FACILITIES:** At Fire Station - Limited showers and WC's

**FURTHER ENQUIRIES:** Tel: 01253 357637 Mobile: 07762 283626

Email: [DaveWaywell@lancsfirerescue.org.uk](mailto:DaveWaywell@lancsfirerescue.org.uk)

**RULES**

- (a) Vet teams qualify by being over 40.
- (b) Composite teams qualify by mixed gender or ages (above and below 40).
- (c) Junior teams qualify by being under 20.
- (d) Fire Service Team must all be members of Fire Service Sports Clubs.
- (d) Mixed clubs teams are encouraged - club vests and fancy dress are optional.

**PRIZES: TEAMS ONLY - One prize per team. Must be collected on the night**

1<sup>st</sup> and 2nd Fire Service Teams.

1<sup>st</sup>, 2nd and 3<sup>rd</sup> Composite Teams.

1<sup>st</sup>, 2nd and 3<sup>rd</sup> Senior Male, Senior Female, Vet. Male and Vet. Female teams.

1<sup>st</sup>, 2nd and 3<sup>rd</sup> Junior Male and Junior Female Teams.

**AND WHOEVER I FEEL DESERVES ONE ON THE NIGHT.**

**COMPLETE FORM BELOW AND SUBMIT WITH ENTRY FEE ON THE NIGHT.**

LEG	NAME	M/F	AGE	CLUB OR BRIGADE
1				
2				
3				

TEAM NAME.....

**(PRIZE FOR FUNNIEST APPROPRIATE NAME)**

<b>Off Use Only</b>	
TEAM NO.	TEAM CAT.