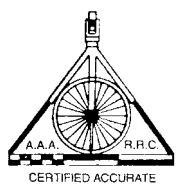


05/041



05/041

# WESHAM ROAD RUNNERS

## THE 25<sup>th</sup> WESHAM 10K

Saturday 27<sup>th</sup> November 2010

*START TIME : 11.00am PROMPT*

Race HQ - St. Mary's Catholic Primary School, Darkinson Lane

Car Parking & Race Start: BNFL Club Salwick Nr.Preston.PR4 ORN

Over a rural undulating course - Event held under U.K.A. Rules. License Number (TBC)

Course records: Men - 30:56 (Jonathan Prowse 2004) Ladies - 33:58 (Helen Clitheroe 2003)

£100 for best time over course record

Prizes: First 5 Men and 3 Women. Juniors: First 2 Male & Female U20 & U17

Masters: First M40 to M80+ and W35 to W70+

First 2 Teams of 4 Men and 3 Women - 1 Prize per Person except Team

Entry Fees	On-Line Entries	
£11.50 (£2.00 Discount to UKA Affiliated Club Members) Technical T-Shirt to all finishers	Available at: - <a href="http://www.ukresults.net">www.ukresults.net</a> <a href="http://www.shoestringresults.com">www.shoestringresults.com</a>	Numbers & chips to be picked up on the day at Race Headquarters
<u>RESULTS WITH CHIP TIMING</u> - ALL CHIPS TO BE PICKED UP ON THE DAY - "NO CHIP, NO RESULT" <i>A charge of £2.00 will be levied against lost chips</i>		
EARLY ENTRY RECOMMENDED - RACE USUALLY FULL EARLY - LIMIT 600		

Send entries and STAMPED ADDRESSED ENVELOPE (9" X 6") with correct postage for Number and Info to:

The Entries Secretary **55 Catforth Avenue, Blackpool FY4 4SF** Tel. 01253 767417

Cheques / P.O. payable to "WESHAM ROAD RUNNERS" Minimum age: 15 years on Race Day

Anyone returning their number prior to the postal closing date will get free entry to the 2011 race

POSTAL CLOSING DATE 22<sup>nd</sup> November 2010 or sooner if limit is reached

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### WESHAM 10K (All sections must be completed)

SURNAME		AGE ON RACE DAY			
FIRST NAME(S)		DATE OF BIRTH			
ADDRESS					
MALE/FEMALE	T/No.	E/Mail.			
UKA CLUB			UKA REGISTRATION NO:		
SIGNED (Parent/Guardian to sign if 16 or under)			DATE		
T Shirt size S M L XL (Please ring)		Would you like Wesham RR club information		Yes	No
Office use only. Number			Category		

Please enter me for the above race. I accept that the organizers shall not be liable for any loss or injury or illness to my person neither as a result of taking part, nor for any loss of my property. I am medically fit and an amateur as defined by UK Athletics.