Wrea Green Under UKA Rules: License No:2012-103138

LANCS. FIRE A.C & WESHAM ROAD RUNNERS

21st ULTRAFIT ST ANNES 10 MILE

INCORPORATING BRITISH FIRE SERVICE C/SHIP

SUNDAY 18 MARCH 2012

START 11.00 Hrs

ON LINE ENTRIES: **www.ukresults.net** **www.shoestringresults.com** **www.runnersworld.co.uk**

ENTRY FEES: **£9 with £2 discount for members of UKA affiliated clubs : Cheques payable to "Lancs Fire A.C"**

ENTRIES ON DAY (unless limit of 400 is reached) £2 Extra on the day.

Postal Closing date: **12th March. Enclose SAE. Please use correct stamps on all envelopes.**

PLEASE SEND YOUR ENTRIES TO: DAVE WAYWELL 114 ASHFIELD RD BLACKPOOL FY2 0EN

MINIMUM AGE: **15 and over on the day of the race** ***COURSE*** **Officially measured(cert no.07/045) - one lap - flat**

RACE HQ: **At St. Annes Fire Station, St. Andrews Road North, St. Annes.FY8 2JQ**
Limited shower and toilet facilities, other facilities nearby.

REFRESHMENTS: **Hot food, tea or coffee with all proceeds to a local charity**

NUMBERS: **Online entries, collect on the day at St. Annes Fire Station: 9.00 to 10.45 hours**

PRIZES: **Individual: M/F + Jnrs. & Vets. Cats. Teams: Male (4) / Female (3)**
Goody bag: collect at race HQ before the race on production of your number.

FURTHER ENQUIRES: **Dave Waywell (01253) 357637 or 07762 283626**

Name ……..……. **Tel No: ……..…….. M/F ……**

Address …….. D.O.B. …….. Age on Day ……..….

……..Post Code…….. Club/U/A……E.A No. ……..

Email ……

FIRE: Yes / No **NVAC: (NVAC no …….)**

DECLARATION: **- Please enter me for the above race. I accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for any loss of property. I am medically fit and I am an amateur, as defined by UK: athletics rules.**

Signed ……..…..…….. Date …….……

For Official Use

Data Protection: If you do not wish any details to be passed on to a third party, including other running related organisations, tick this box. ☐