

Kirsty Waywell BSc (Hons), MFHT

Sports Therapist

Aches & Pains, Niggles, Bad Back, Muscular Strains?

Sports massage can provide a range of benefits, both physical and psychological, for everyone.

This service offers treatment in a comfortable, relaxing and professional environment with the whole emphasis placed upon the individual client, their aims and objectives.

Available treatments:-

- Deep tissue massage.
- Injury prevention.
- Sports injury massage.
- Pre and post event massage.

So call or email today for an appointment!

phone: 07980 919145 | email: kwsportstherapy@sky.com
23 Maida Vale, Thornton Cleveleys, Lancashire FY5 1NP.

Day & evening appointments available

**Tailored treatments for your
individual needs at competitive fees**